

Your *Country* Neighbor

October, 2015
Free

Auburn • Brownville • Cook • Falls City • Hiawatha • Johnson • Nebraska City • Peru • Rock Port • Sabetha • Syracuse • Tecumseh

**A Magazine for
Small Towns and
Rural America**



Big crowd; there's a parade in there somewhere.



Nebraska City's *Pioneers Marching Band*; Applejack Parade, September 19, 2015



Saturday, October 10, *Old Time Autumn*

Activities in Brownville for the Entire Family!

- 8:00-9:30 • Pancake & Sausage Breakfast
- 10:00 • Homestead Land Office Rededication
- 11:00-6:00 • Craft Show at River Inn
- 11:30-1:00 • Chicken & Bisquit Lunch
- 1:00-4:00 • Greenblat & Seay Folk Music
- 1:30 • Harmonica Workshop for all ages
- 1:00-5:00 • BINGO
- 1:00-5:00 • Vintage Cars on display
- 2:00 • Blacksmith Demonstration
- 2:30 • Apple Butter Making
- 3:00 • Spirit of Brownville River Cruise

Sponsored by Brownville Historical Society

Paid for by Nemaha County Visitor's Committee







Flatwater Folk Art Museum

Open Most Fridays, Saturdays, & Sundays 1:00 to 4:00 P.M.
609 Main Street, Brownville, NE 68321

An art collection of vernacular expressions and creations reflecting the human spirit and the passion of common folk celebrating the diverse and universal traditions of life's experiences, ceremony and rituals...






*Appointments for Groups & Tours Welcomed
Please call for information: 402-825-4371*

Contents

Credits & Events.....2
 “CATS”.....3
 Brownville.....4
 Devon’s Poetry.....5
 Photos.....6&7
 “Where Life Is Good” 8
 Carol’s Poetry & Photos...9
 PSC Football.....10
 Alzheimer’s.....11
 VALENTINO’S COUPON!12

ATTENTION READERS & VIEWERS

Please support the advertisers who support

Your Country Neighbor.

Enjoy the articles and photos and have a great October!

2016 Medicare Part D

The Nebraska Senior Health Insurance Information Program presents
Plan Comparison/Enrollment Events
 Hosted by Mary Ann Holland, SHIIP Counselor



Compare 2016 drug plans. Plans change every year; your needs change too. Select a date and location listed below and sign up for a half hour appointment. Changes in drug plans for 2016 cannot be made after Dec. 7.

Mary Ann Holland, University of Nebraska-Lincoln Extension Educator Emeriti and trained SHIIP Professional, will provide you with one-on-one assistance at the location of your choice. **Appointment required**—see contact number for each location. [Husband & wife **each** need an appointment.] Additional SHIIP staff may be assisting at selected enrollment events.

Bring along your Medicare card and a list of the prescription drugs you take.

Oct. 20	Auburn	Auburn Library	1810 Courthouse Ave	10:00-5:00	402-274-4755
Oct. 21	Nebraska City	The Ambassador	1800 14 th Avenue	9:00-5:00	402-269-2301
Oct. 22	Plattsmouth	Plattsmouth Library	400 Ave. A	9:00-4:30	402-267-2205
Oct. 27	Tecumseh	Ridgeview Towers	1143 N. 3 rd Street	9:00-4:30	402-335-3669
Oct. 28	Sterling	First National Bank	255 Hwy. 41	9:00-3:30	402-866-2050
Oct. 29	Sterling	First National Bank	255 Hwy. 41	9:00-3:30	402-866-2050
Nov. 3	Syracuse	Otoe Co. Extension	620 1 st Street	9:00-4:00	402-269-2301
Nov. 4	Auburn	Auburn Library	1810 Courthouse Ave	10:00-4:30	402-274-4755
Nov. 5	Pawnee City	Pawnee Co. Extension	Courthouse	9:00-4:00	402-852-2970
Nov. 10	Weeping Water	Cass Co. Extension	8400 144 th St., Ste. 100	9:00-4:30	402-267-2205
Nov. 11	Nebraska City	The Ambassador	1800 14 th Avenue	9:00-5:00	402-269-2301
Nov. 12	Syracuse	Otoe Co. Extension	620 1 st Street	9:00-4:00	402-269-2301
Nov. 17	Plattsmouth	Plattsmouth Library	400 Ave. A	9:00-4:30	402-267-2205
Nov. 18	Tecumseh	Ridgeview Towers	1143 N. 3rd Street	9:00-4:30	402-335-3669
Nov. 19	Pawnee City	Pawnee Co. Extension	Courthouse	9:00-4:00	402-852-2970
Nov. 23	Nebraska City	The Ambassador	1800 14 th Avenue	9:00-5:00	402-269-2301
Nov. 24	Palmyra	Palmyra Senior Ctr.	425 C Street	9:00-4:00	402-780-5606
Dec. 1	Syracuse	Otoe Co. Extension	620 1 st Street	9:00-4:00	402-269-2301
Dec. 2	Weeping Water	Cass Co. Extension	8400 144 th St., Ste. 100	9:00-4:30	402-267-2205
Dec. 3	Auburn	Auburn Library	1810 Courthouse Ave.	10:00-4:30	402-274-4755
Dec. 4	Nebraska City	The Ambassador	1800 14 th Avenue	9:00-5:00	402-269-2301

1-800-234-7119 - www.doi.nebraska.gov/shiip

Voices

From the Valleys of the Nemaha
 Publisher & Photographer, Stephen Hassler

Writers This Month

Devon Adams
 Carol Carpenter
 Stephen Hassler
 Lee Nyberg
 Marilyn Woerth

Thank You

Copyright 2015 by *Your Country Neighbor*. All rights are reserved. No part of this publication may be reproduced in any form or by any method without the written permission of the publisher. Ownership of some photos and/or written pieces is retained by the author.

Your Country Neighbor
 P.O. Box 126
 Peru, Nebraska 68421

countryneighbor@windstream.net

View Online Version at

www.yourcountryneighbor.com

SEE ME FOR YOUR INSURANCE AND FINANCIAL REVIEW.

Together we'll prioritize your needs and help you plan your financial future. Schedule your free review today.

WE LIVE WHERE YOU LIVE.®



Patrick Castle Ins Agcy Inc
 Pat Castle, Agent
 Auburn, NE 68305
 Bus: 402-274-5121



LIKE A GOOD NEIGHBOR, STATE FARM IS THERE.®

Providing Insurance and Financial Services

Consult your tax or legal advisor for specific advice.
 State Farm • Home Offices: Bloomington, IL
 P036333 10/03

FARMERS BANK OF COOK

Growing in Southeast Nebraska



FDIC INSURED

Main Office
 Cook, NE 68329
 864-4191



Bank of Peru
 Peru, NE 68421

Tecumseh Branch
 Tecumseh, NE 68450

Citizens State Bank
 Virginia, NE 68458

Louisville Branch
 Louisville, NE 68037

State bank of Liberty
 Liberty, NE 68381

Syracuse Branch
 Syracuse, NE 68446

Wymore State Bank
 Wymore, NE 68466

Greenblatt & Seay proudly announce the Nineteenth ANNUAL SCHOOLHOUSE FIDDLING BEE.

This historical, hysterical event will take place on Sunday, October 11, at 2:30 PM, downstairs in the Old Avoca, Nebraska Schoolhouse. For more information, call 402-275-3221, log on to www.greenblattandseay.com, or e-mail debby@greenblattandseay.com.

JAMES H. CAIN



Attorney at Law

Office
 1920 “O” Street
 Auburn, NE 68305

Correspondence
 P.O. Box 272
 Auburn, NE 68305

(402) 274-3938

CATS!

Stephen Hassler

I believe that people who like cats generally make good, loyal friends. I try to keep track. There may be some people who like cats and are disloyal, but not many. There is a group of people of whom I used to be suspicious; people who don't like cats. How can one not admire an animal so independent, proud, and at times, mystical? Some people have detected that disliking cats puts them in a negative light, so they say they are "allergic to cats". I'm a little bit allergic to cats, so I know that it happens, but I still like cats. Some people come right out and say they don't like cats. I appreciate honesty, but their confessions sound boastful, as in not liking cold mornings, or Brussels sprouts.

I'm not sure of the reason for this unfortunate condition in some people. The reputation of cats being superior or independent might be something to envy. Perhaps people lacking in those virtues just can't handle the negative vibes and they feel threatened. Or they see no use for living things that can't be captured, dominated, or ordered around. And what seems to bother them more, is that cats seem to know! And that makes a cat seem even more annoying around some people. Especially if the cat goes directly to the person and rubs against their legs. I learned recently that this could be a cat's desire to "heal" the person, but maybe they don't want to be "healed"; at least, not that way. So is the cat being empathetic or just rubbing salt in the wound? I guess it depends on which side you're on.

So I pity my friends who are annoyed by cats. Those same feline actions that are annoying to them are pleasurable to others, me included. I consider it a compliment when a stranger's cat jumps up and reclines in my lap.

Note that if you are an acquaintance or friend of mine who dislikes cats, please take this article lightly. We all are who we are and can never understand each other completely, but if you are one of those humans who dislike cats, let's save us each some fuss and bother; be nice, unless you want me to call, "Here, kitty, kitty!"

THE CLEANERS

Professional Dry Cleaning

4 more locations to serve you!

- Nebraska City - Brown's Shoe Fit
- Falls City - Brown's Shoe Fit
- Seneca - Seneca Variety
- Sabetha - Main Street Auto

Pickup and delivery to these locations each Monday and Thursday.

402-274-3213

809 Central Ave, Auburn, Nebraska



2220 J Street • Auburn, Nebraska 68305

IMMUNIZATIONS; FLU and SHINGLES Available Now!

No Appointment Needed
No Charge With Medicare Part B

MEDICARE PART D OPEN ENROLLMENT

October 15 to December 7

Speak with Cody if wanting a review, need to
change Insurance, or if just confused,
Stop In!

Hours: Mon-Fri 8:30-5:30, Sat 8:30-1:00

www.Stores.Healthmart/CodysUsavePharmacy

(402) 274-4186 or (800) 628-6394



DUTCH PANTRY

'Great Savings When You Buy In Bulk'

- Deli
- Gathering Room
- Hand-dipped Ice Cream
- Donuts on 1st, 3rd, and 5th Sat.
- Homemade Baked Goods
- Special Orders Accepted

Open 7:30 A.M.

Closed Sunday & Monday

Nevin & Lois Miller • 402-274-1102 • 2402 J St., Auburn, Nebraska

Certified Tire Center Schneider OK Tire

Authorized Dealer

UNIROYAL

BF Goodrich

MICHELIN



Tires
Batteries
Alignments
Oil Changes
Brake Work
Shock & Strut Installation

2314 J Street, Auburn, NE

402-274-4947

VISIT BROWNVILLE



Monarch on a variety of Milkweed



Swallowtail Butterfly on Butterfly Bush

Sitting Pretty Book Store

Every Home Needs Books
And A Painted Chair!

- Garden Art by Jan
- Jewelry
- Repurposed Books & More



On Main Street in Brownville, Nebraska

402-274-3104



Whiskey Run Creek Winery

Whiskey Run Creek
VINEYARD & WINERY

October Wine-Tasting Hours:

Wed & Thu 10:00 am - 5:00 pm

Fri & Sat 10:00 am - 6:00 pm

Sun 1:00 pm to 5:00 pm

Closed Mondays and Tuesdays

After dinner at the Brownville Lyceum, enjoy a bottle of wine and conversation on the deck at the Winery.

Visit Us October 10th & 11th during
OLD TIME AUTUMN
and
Art on Main Street

Join us in a special wine-tasting experience!

402-825-4601

www.whiskeyruncreek.com

702 Main Street

Brownville, Nebraska 68321

BROWNVILLE LYCEUM CAFE



Open for Lunch Daily
11:00 A.M. to 2:00 P.M.

Open for Supper
Fridays & Saturdays

5:00 P.M. - 8:00 P.M.

Join Us for the
Best Prime Rib
in the Four State Area!

(Closed Mondays)

Enjoy Home Cooking and Delicious Desserts while visiting
the Historic Village of Brownville.

Anita Robertson, Owner/Manager

402-825-4321

228 Main Street

Brownville, Nebraska

Like Us on [facebook.com/BrownvilleLyceumCafe](https://www.facebook.com/BrownvilleLyceumCafe)

Vibrating with light, the October sky is a deep, azure pool of air, rising high into the outer edge of the earthly atmosphere. Gone is the smothering summer blanket of heat and haze that has smudged the distance, and in its place is a clarity of detail that draws sharp edges around objects that are miles away. Sounds are sharp and clear, carrying for miles, until they float to the ground, and we know that those who ride the wind are saying goodbye to their summer lives.

PASSING THROUGH

Highways in the air are busy, with so many migrations moving from summer to winter, here to there, from now to tomorrow. Flitters of monarchs are sailing on delicate wings that somehow survive the journey to Mexico, except when they don't. Then they become front end ornaments on vehicles. Pelicans are like ships, sailing together in graceful loops, catching the sun and then throwing it back in white flashes. Tiny birds, with big voices, come in groups, and never stop chattering. The waxwings will stop for berries, if winter doesn't hit them really early. Cardinal kids are still filling out their sets of feathers, waiting for winter that will be a big surprise, after balmy days. Turkey vultures gather in giant spirals, waiting to go south together on the river thermals. Soon the sky will fill with the rushing of thousands of wings, as geese and ducks race in front of winter to find safe haven far from the northern breeding grounds, spurring themselves on with plaintive voices that echo through the daylight and the longer and longer nights of autumn.

Poetry by Devon Adams

SIDEWAYS

Sometimes problems are like walls: too high to climb, and too thick to demolish. The harder you think, the less you know. Using your head as a bulldozer to move a mountain just gives you a headache. So you have to sneak around the road block inside your head, and come at it from angles. Instead of concentrating only on the issue, put it aside for awhile and do something you like. Shift your energy to unconscious gear and trust the twists and turns of brain tissue to do their computer trick and make some connections you hadn't thought about. Come at your problem sideways, using peripheral vision, noticing elements you ignored before. You'll wake up in the dead of night, or when you're running on a trail, or fishing, or cooking, or reading, and a solution will be staring at you, as if it is a ghost that came alive.

BEFORE THE FALL

Time remains, before the fall, to savor summer's softness. Leaves are speaking with dry throats, but their green life will soon bleed out in gaudy colors too extravagant to last. Cool blades of grass invite a body to recline and inhale the last of the green before a hard frost brings autumn scents. Low fogs wrap mornings in chilly dew, as giant river bucks patrol the trails and scrape velvet off their racks of antlers. Lightning flashes into rolls of thunder, as the last storms drag their cumulous mountains across the plains. One morning soon, dawn will be full of ice, and July memories won't be enough to keep the cold out of your bones.

SILENT LIVES

In the peaceful garden, the colors may be loud but the plants are mute. Flowers and vegetables change as they grow, but they seem to have no voices. Wind shakes leaves and petals and branches and grass, as weather runs around the clock of the seasons, but without such manipulation, the stillness of vegetation persists. Perhaps there is a conversation taking place just beneath the level of human comprehension. Are there tribal tongues being spoken? Can trees hear what sunflowers say, or do stalks of corn debate with fields of beans about what the creeping vines believe? We hear animals speak, but couldn't write their words, even if we understood them. So, are there secrets hiding in the silence?

**PENCIL PORTRAITS:
PEOPLE & ANIMALS**

Done from your photographs.

Send to:

Devon Adams

P.O. Box 192

Peru, NE 68421

OR

buckskinz@windstream.net

8x10 (mat size) \$25.00

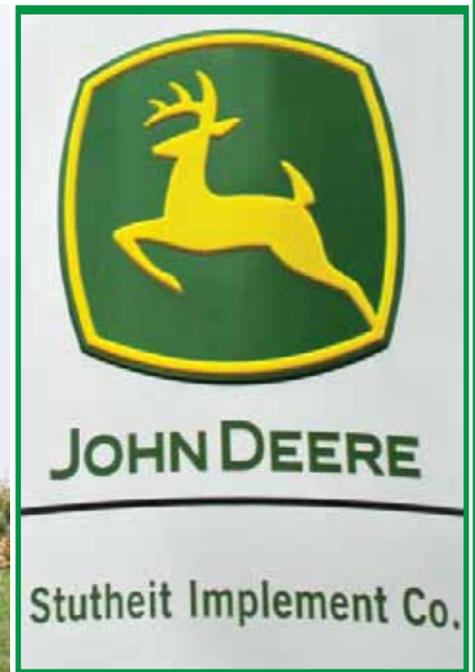
11x14 (mat size) \$35.00

16x20 (mat size) \$55.00

Phone: 402-209-9377

Web Site: BuckSkinz.com

STUTHEIT IMPLEMENT COMPANY



Large Enough To Accomodate You, Small Enough To Appreciate You

(S) '04 JD 4410, Cut, 2219 hrs, 72" deck, 430 loader, hydro\$15,800	(S) '11 JD Z655, 244 hrs, 54" HC Deck, 27hp\$4,100
(A) '92 JD 724 Field Finisher, 30 ft. 4 bar harrow\$17,000	(S) '03 JD HX20, Rotary Cutter, 1000 PTO, 8 wheels\$15,000
(A) '03 H&S, V-12 Carted Rake, 12 Wheel\$3,800	(S) '14 JD 5115M, 3 function, 16F/16R PR, 3 SCV, 154 hrs\$62,000
(S) JD 8 ft 3 pt blade\$800	(S) '14 JD HPX, 7 hrs, bench seat, nets\$9,600
(S) '08 REM 2700, Grain vac, clean up nozzle, small 1000 pto ..\$10,300	(S) '15 Schaben 60 gal utility sprayer, 10 ft booms\$720
(A) '05 JD L118, 299 hrs, 42" deck, bagger\$1,200	(S) '14 JD 6125R 37 Hrs, AutoQuad+Eco, Prem Cab, Loader ready pkg w/ 3 Function Joystick.....\$95,400
(A) '14 JD 328E, 260 hrs, DLX Cab, EH Joysticks, hi How, Ride Con- trol\$48,000	(S) '04 Vermeer 605M Round Baler.....\$18,000
(S) '13 Cub Cadet Tank lz54, 426hrs, 54" deck\$5,400	(A) '11 JD 625i, 633 hrs, bench seat, DLX Box\$8,300
(S) '14 Snapper RER11.528, 3hrs, 28"deck, 11.5HP.....\$800	(S) Bobcat 84" Hyd Front Angle Blade\$2,000
(S) '12 JD 2720, CUT, 343hrs, 62" mower deck, MFWD, HST...\$17,200	(S) '13 JD Z925M Zero Turn 60" Deck 40 Hrs.....\$9,970
(A) '83 JD 4650, 6500hrs, 2WD, Pwr shift, 3 SCV's\$34,500	
(A) Auburn, NE on Highway 75 (S) Syracuse, NE on Highway 50	
800-456-9916 or 402-274-4941 800-374-4630 or 402-269-2241	

John Deere - Honda - Toro Mowers in Inventory
www.stutheitimpl.com



Valley View Apartments
 (High Rise) • 1017 H Street • Auburn, NE

Carefree Living!

**Low Income
 One Bedroom Apartment
 Beautiful View**

**No More Snow Shoveling
 No More Lawn Mowing**

- Utilities Paid • Appliances Furnished
- Building Security • Laundry Facility
- Assigned Parking • Activity Room & Library

Office Hours: Mon-Fri. 9:00 to 4:00
(402) 274-4525



The 'Cool' section - where the Bobcat Band is.

FEATURED LISTING



603 Kansas St., Nemaha \$115,000
 Charming older home w/original wood-work throughout, 3+ bedrooms, 1.5 baths, main floor laundry. Updated kitchen and baths, plenty of cabinets, counter space. Huge vinyl-fenced back yard, and newer 2-car det. garage. Full unfin. basement for extra storage. All on a very large corner lot

Whether it's buying, selling, renting, or looking for a place to build, let **The American Dream Real Estate Company** be your first choice.
402-274-4410

Andrea Mellage, Sales.....274-8557
 Carla Mason, Broker.....274-1817



1916 6th Street \$275,000
 3 bedroom, 2 1/2 bath, access to approx 14x19 deck, full walkout bsmt



1211 13th Street \$85,000
 2-bed, 1 bath, furnace and a/c new, newer roof and windows.



1012 5th St., Peru \$19,900
 3-bed, 1-bath, newer roof, bsmt, wrap-around porch, 1-car garage.



1609 23rd St. \$165,000
 3-bed, full bath, two 3/4 baths, bsmt apt w/sep entrance 2-car att. garage.



712 Nebraska St., Peru \$106,000
 4-bed, 2 bath, appliances, central air, landscaping 3-car det. garage.



706 14th Street \$110,000
 2-bed, 2-bath, completely updated, finished basement, 1-car garage.



820 Central Avenue Auburn, Nebraska 68305
www.americandreamrealestatecompany.com

This Halloween Watch Out For Trick-or-Treaters



Drive Safely!

A Message from all of us at **STRIGGOW'S SOUTHSIDE BODY SHOP INC.**

All Makes & Models

- Collision Work • Body Work
- Frame Repair • Welding
- Glass Installation



Open 8:00 AM - 5:30 PM Monday - Friday
 (402) 274-3614 2000 N St., Auburn, Nebraska



Lourdes Central Catholic High School Marching Band, Applejack Parade

HOMETOWN
BRAND CENTER SM

HOMETOWN BRAND APPLIANCES

GE • Hotpoint • Whirlpool • Maytag
 SALES, SERVICE, & PARTS

1011 CENTRAL AVENUE
 AUBURN, NEBRASKA 68305

(402) 274-5512

PEGGY KUSER

Certified Public Accountant
 pkuse@windstream.net

916 Central Avenue
 Auburn, NE 68305

(402) 274-5106 Fax: (402) 274-2580

THE HAIR COTTAGE

*-For All Your Family
 Hair Care Needs*

Shelly Nichols
Peru, Nebraska
402-872-3107

*-Tanning
 -Manicures*

Hours:
Tuesday - Friday 9-5; Sat. 8-12:00
After hours by appointment only
Walk-ins welcome

**Shop At The
 Best Used
 Clothing Store**



Neighborhood Closet's Location is

911 Central Ave. in Auburn

Tue, Wed, Thu, Fri, 9 a.m. to 5 p.m. Sat 10 a.m. to 2 p.m.

Where Life Is Good

Marilyn Woerth

The earth turns on its axis, its orbit sways closer and then further away from the sun, turning, and turning. A change is in the air as there always is this time of the year; a shift in light, temperature. These changes are always there when the seasons segue from one into the next much like our lives.

There is a song that melodically vibrates within my being, a memory, a soft whisper that could well be the theme song of all humanity with every animal, the great oceans, the purple mountains majesty, the chemistry of the breath we inhale and all the celestial organisms that surround us into the depth of the known and unknown. "To everything there is a season, and a time to every purpose under the heaven."

In the late 1950's, the great singer, song writer Pete Seeger adapted the words from the Bible, The Book of Ecclesiastes, Chapter 3 into a song. By 1962, this song was set to music and several groups lovingly performed it. In 1965, the gentle soft voices of a folk band The Byrds brought it to popularity, the song "Turn, Turn, Turn".

My husband has retired...for the second time. I know that this is becoming an all too familiar statement for many retired employees. My stepfather was called back by his former employer to help finesse his newly hired replacement and to fill in some gaps his leaving had created. But he was home with my mother every night. Not so was my reality.

In my husband's case, after 40 plus years of marriage and a three month retirement under his belt he moved into an apartment 2 ½ hours away from our home. He would work for four days and then come home for three. For the past twenty-two months, this is how our lives have turned. Recently, we cleaned his apartment and moved him back, back to our home where I will begrudgingly share him sparingly.

When I was a new bride now forty-four years ago, my life was turned up-side down when my husband's draft number was drawn, number 32. He joined the Navy and our life became an adventure. After eight years, and two sons he exchanged his Navy uniform (loved him in his uniform) for civies (civilian clothes) and reentered the work-force. And our family life turned once more. Idaho was a beautiful state and our sons thrived as did our love. But there were also challenges that help shape and strengthen us yet there was always that tug at our heart strings of family and home. Almost thirty years ago, we moved to our present home, back to our family, state, and the football team we loved. We have never looked back.

Outside my front door there is a sidewalk that leads to a few steps that go down into our driveway, as we live on the side of a hill. When my knees were replaced Steve added a hand rail to help me up the stairs. The area around the steps has plantings of Autumn Joy sedum, Early Amethyst' Beautyberry bush with its tiny purple berries and on the rail itself the white flowering Sweet Autumn Clematis that perfumes the air with a gardenia type of scent. By itself the railing would be stark, uneventful, but with the plantings the area becomes so inviting.

As with our marriage, without our rich, ever changing past that we have lived and grown though, our lives would be uneventful, unadorned. Now as we segue once again into our next season, a season of hope, love and dreams, we will once again find our time under the heavens. We embrace it, seek it, for it fills our hearts and souls with all that there is as we turn, turn, turn. So thankful that we still live and retire every night where life is good.

Photography & Poetry by Carol Carpenter



Red-winged Blackbird at Holmes Lake

An extraordinarily bad host
no invitation to sit
no biscuits or tea
pestering the tall, quiet gentleman
with the yellow eyes and long nose
to step away from his house
to move away from the front door.

While chaperoning his wife and too many
children, this ill tempered winged terror
dressed in black flashing
his scarlet epaulets
turns on the photographer who steps
out from under the willow tree
into the sunlight, his wrathful hiss
a warning of the impending torture
beneath his beak and claws



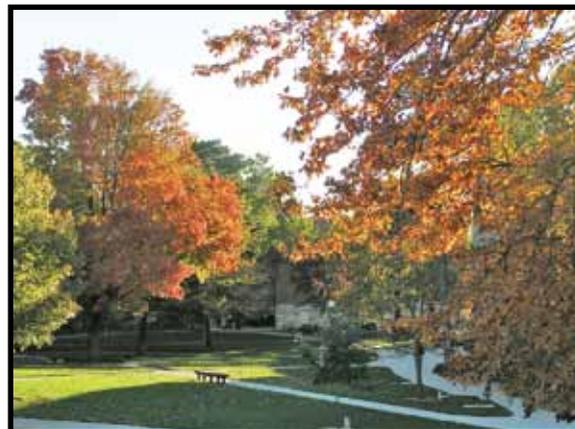
Indian Summer

North wind breathes
over blond prairie grass

Nestled on Mother's warm lap
I gaze overhead at a perfect sky,
deep azure, amber light
blessed by October.

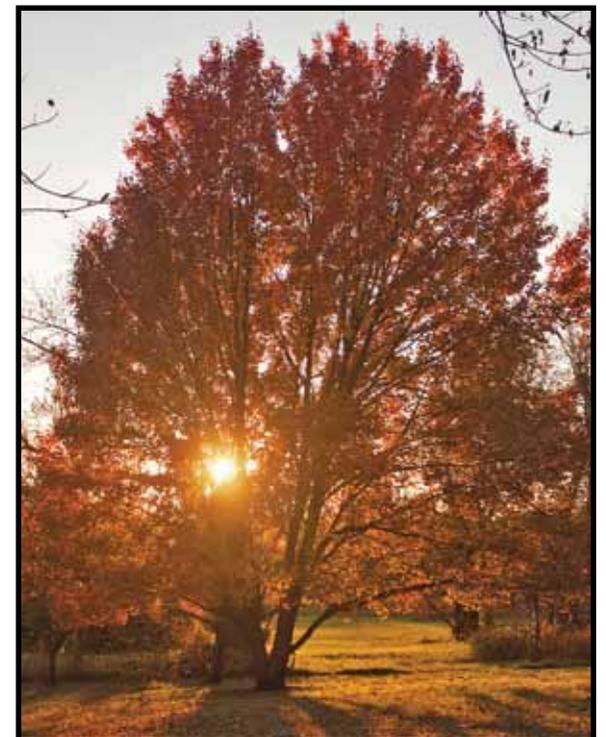
Big bluestem sings softly;
sunlight ripples,
spilling across russet blades.

When day shuffles off to bed
I wrap myself in a blanket
of wild oats and Indian grass
while a Great Horned Owl
beckons up the stars.



Fall at Peru State College

Baskets of beautiful pink petunias
wither with the first frost
girls swap shorts for sweats
flip flops for tennis shoes
Tall trees trade green jackets
for cloaks of scarlet and gold
marble halls drip with
uncertain students
suffering from a lack of sleep
Blue and white balloons
bloom in an azure sky
above the Oak Bowl
tufted with spectators
Lush grass crackles when
the rusted feathers drop
from the bald cypress
As the trees bare their bones
to the November wind,
only the bronze bobcat
watches the first
snowflakes fall.



Oak Bowl, September 12, 2015



Norma's Antique Mall, LLC
1715 Stone Street
Falls City, NE 68355

Norma Brittell
Owner

Norma's Antique Mall, LLC
Fine Quality Antiques & Collectibles

402-245-4338

FaceBook At Normasantiquemall

CRESTVIEW SQUARE APARTMENTS
2 & 3 BEDROOM APARTMENTS AVAILABLE

Electric stove, refrigerator and garbage disposal
Water, sewer, garbage removal, lawn care and snow removal furnished
Laundry Facility On Site
Tenant pays for electricity, gas, TV cable and phone
Apartments have central air and heat
Located close to shopping center
Rent based on gross income and family size
Rental assistance available for qualified applicants

For Applications
Call Lydia at 402-274-5460

OREGON TERRACE APARTMENTS

This institution is an equal opportunity provider and employer.

7th & Oregon Streets in Peru, Nebraska

1 Bedroom Apartment Utilities Included

- Affordable quality living
- Rent based on income
- Applications will be placed on waiting lists
- No pets
- Handicap accessible

This Institution is an Equal Opportunity Provider and Employer

For Applications Call Lydia at 402-274-5460

Golden Acres Apartments -- Cook, NE

ONE BEDROOM APARTMENTS AVAILABLE

Electric stove, refrigerator
Water, sewer, garbage removal, lawn care and snow removal furnished
Laundry Facility On Site
Tenant pays for electricity, gas, TV cable and phone
Apartments have window air units
Rent based on gross income and family size
Rental assistance available for qualified applicants

This Institution is an Equal Opportunity Provider and Employer

For Applications
Call Lydia at 402-274-5460

Alzheimer's Affects Us All



Dementia Care: When the Child Must Become the Parent

By Lee Nyberg

You may have noticed a few changes in your parent, such as forgetting the rules of a game you've played together since childhood. You might have been surprised when your mother clearly did not remember you visited just yesterday. You may have been a little shocked that you needed to tell her it was the 4th of July and too hot to wear a heavy coat. Maybe you were startled when looking at herself, she asked, "Who is the woman in the mirror?"

Many people with dementia deny they need support. Sometimes adult children choose to overlook warning signs in a parent's behavior. Living alone compounds the problem, dramatically increasing the chances for self-neglect and dangerous behavior. If a parent fiercely resists help, adult children must change both their approach and role in the relationship. The child must become the parent, for safety's sake.

Admit there is a need for help. A pile of unpaid bills lurks as a classic sign of a problem. Becoming forgetful is not normal aging. Check out this list; "Know the 10 Signs," at Alz.org and evaluate whether the changes you've seen in your parent are impairing daily functioning. Encourage your parent to have testing done to rule out reversible dementia which might be due to: a vitamin b-12 deficiency, a thyroid condition, a toxic reaction to medication, depression, alcoholism, or fluid or clots on the brain.

Find out as much as you can about your parent's legal and financial situation. At the very least, learn the location of legal and financial documents and bank accounts, safety deposit boxes/keys and passwords. Your parent needs both legal and medical Powers of Attorney; without them, you will need to establish guardian and conservatorship before you can legally take over. Dementia is a progressive disease and your parent's need for care will grow.

Learn to live with your parent's insistence that no help is needed, even if she becomes angry and difficult. Your parent is trying to maintain control. Total control has been forever lost to dementia. Avoid attempting to reason with your parent and disengage from arguments. Be as respectful as possible, preserving her dignity. "I am sorry, I know this is hard," is a very useful phrase. Remember your goal is her safety, not her friendship.

Establish rules and limits. These often begin with a parent ceding financial tasks to the adult child. In early to middle dementia, you may need to insist on keeping the pantry and refrigerator stocked and taking your parent's car keys. As dementia progresses, 24-hour memory care will be required, whether in-home or facility-based.

This new role is not an easy one for many adult children. The stress and anxiety of dementia care are magnified when a parent has a difficult personality, and treats those around her in a demanding and domineering fashion, all the while being unable to live independently. Remember, you are not the only person who can provide this support. From the start, share these duties with siblings, friends and professional caregivers. Seek help before you become ill or depressed. Know you're doing the best you can; you're working to keep your parent as safe as possible.

Lee Nyberg seeks to help families and those living with dementia through education and her company, Home Care Assistance.

To learn more, visit

www.HomeCareAssistanceOmaha.com or call 402-763-9140.



Swallowtail Butterfly

TINCHER OF AUBURN

sales and service

WE FINANCE!



COMPLETE AUTO SERVICE AND REPAIR ALL MAKES AND MODELS

**Heavy & Light Engine Repair
Alignments Exhaust Repair
Brake Work Detailing**



PRICE REDUCED! \$4995

2007 Ford Focus



\$3900

1997 Ford Expedition XLT



\$7250

2009 Cobalt LT



\$6250

2006 Chrysler Town & Country



\$2495

2000 Mitsubishi Eclipse



\$3995

Ford Windstar LX - Low Miles!



\$6350

2007 Cobalt LS



\$3750

2001 Oldsmobile Intrigue



\$3250

2004 Chevy Cavalier



\$5495

2009 Kawasaki KZ 900

814 Central Ave. Auburn, Nebraska 68305
Call 402-274-2277 Visit www.TincherAutoSales.com

Valentino's

The Best Pizza Ever Made - Guaranteed!



Purchase Gift Cards Totaling \$50, and Receive a \$5 Gift Card Free!



\$1 off Grand Italian Buffet; Limit 6/coupon
 Good Through November 30, 2015



Redeemable Only at Valentino's in Nebraska City.
 (402) 873-5522 1710 South 11th Nebraska City, NE 68410

\$1 off Grand Italian Buffet; Limit 6/coupon

Valentino's of Nebraska City
 1710 South 11th Street
 Nebraska City, NE 68410
 (402) 873-5522

Stop in and have your fill of
The Grand Italian Buffet!
 Includes Pizza, Salad & Dessert

Another Great Favorite!
Country Style Fried Chicken!!

Always Fresh, Never Frozen

**With Sides of Corn, Biscuits,
 Mashed Potatoes & Gravy**

October, 2015

Your Country Neighbor

Cafe METRO

Serving Breakfast, Lunch and Dinner

Sunday 7:00 am - 2:00 pm
 Monday - Thursday 5:00 am - 2:00 pm
 Friday - Saturday 5:00 am - 8:00 pm

On Our Dinner Menu:
 Prime Rib Seafood
 Soup & Salad Bar
 Homemade Desserts

facebook.com/CafeMetroAuburn
 402.274.1588 901 Central Ave, Auburn